The perceived economic boom is pressuring those around Mayor Marty Walsh to keep the pace of development going at a rate that harkens back to the last real estate bubble. The question this time is not whether banks have loose underwriting criteria, or that appraisers are writing opinions of value on a napkin, or that mortgage brokers are sitting in boiler rooms ‘a la’ the Wolf of Wall Street style hustle, preying on unsophisticated borrowers. The problem is that there is so much data being uncovered as to the profile

CONTINUED ON page 4
EDITORIAL “Help”

If it bleeds, it leads, seems to be an axiom of the news business. Sadly it seems our human nature is attracted by death and destruction and we gobble up news stories about them. There is, however, a more dominant side of human nature that we never credit enough - human kindness. Despite the bad the stories that seem to stick with us, there are the strangers who rush to free the trapped victim from a flaming car crash or the bystander who bravely jumps off a subway platform to aid a fallen stranger despite the danger of an approaching train.

Another example of human kindness is the endless food and other supplies Americans send overseas. As generous and noble as it is, it also reminds us “charity begins at home”. Recognizing that truth, some of our most diligent and dependable Americans, who work through “sleet and snow and dead of night” have organized to make that truth a reality.

The Letter Carriers of the United States Postal Service are asking for your help. On Saturday, May 10th you can put your non-perishable food item by your mailbox and these men and women will deliver it to the local food bank and deliver hope to those in need. Please join in.

Last Week’s Poll

What Size Residence Is Most Needed In Affordable Housing?

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<td>Micro Units</td>
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<td>1 Bedroom Units</td>
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Make sure you like & share South Boston Today with your friends!
A couple of things in the news to touch on this week:
First, the much anticipated AND predictable report on ‘Climate Change’ aka Global Warming from Washington. According to these reports, over 200 scientists are predicting doom and gloom and every kind of natural disaster imaginable, if we do not act yesterday to combat the alleged man-made causes. But here are 3 reasons why so many more Americans are becoming so skeptical of this theory. In the report, they cite what they claim is record heat, but fail to mention that the planet has not seen a rise in temperature in over 18 years. They also conveniently forget to mention that this past winter was frigid beyond belief in just about every part of the country, shattering records for low temps, snow and ice. They bank on people forgetting but that’s not going to happen. Next, the majority of the scientists, who signed on to the report, are depending on government grants to fund their projects and if they do not tow that government line and agree with the position that this White House is desperate to implement a National Energy Tax, since it took power. They is hopeful to use this report as a move to take more of our money. Hold on to your wallets. This will be a big last gasp push.

And as our regular readers know, this column often likes to highlight the ludicrous antics of some of our more ‘progressive’ fellow citizens. So often they provide such great entertainment, we just like to share it with you. This latest episode by some of the more eccentric types among the animal rights activists comes to us from Cape Cod. It seems a brochure put out by some harbor masters on the cape is warning people to be cautious when swimming this summer, because as we all know from so many news reports, there has been a big increase in the number of shark sightings along many Cape Cod beaches. Many sightings are even of the dreaded Great White variety. Well, as it happens, there is a group protesting these brochures because they say the photo on the cover makes sharks look “mean and toothy” and some have gone so far as to suggest that this type of picture is offensive – to sharks?. Said one disgruntled activist: “it’s one more example of how we as a society have this general myth that these ‘guys’ (sharks) are big nasty creatures.” He went on to say that this brochure may have gone a little too far by saying don’t go in the water if there are sharks in the area.

I guess it was only a matter of time before the advocates of political correctness ran out of human groups that must never be targeted by what they say is offensive language or pictures. Now it is animals and fish that they demand not have their feelings hurt by insensitive photos on the cover of brochures. I’m almost tempted to predict that these people could not possibly get any kookier, but they keep surprising us by coming up with new, sillier ideas and causes. But in a world filled with serious problems and crisis, aren’t you glad that we have these people to keep us distracted and amused? What would this world be without laughter?

And finally for this week, Kudos to the US Supreme Court which ruled that yes indeed, government run meetings can be started with a prayer. It’s amazing that this even had to be an issue that had to be decided by the nation’s highest court. If a prayer at meetings was good enough for America’s Founding Fathers, it’s good enough for 21st century America as well.

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South Boston Community Health Center and Boston Medical Center Present

Living Healthy Speaker Series

Getting Kids Moving & Eating Well

Kathy Ireland and Aimee Lim-Miller
BMC Nutrition for Life Program

Learn about ways to help with your child’s weight issues.

Date: Wednesday, May 14, 2014
Time: 12:30 – 1:30 pm
Location: South Boston Community Health Center
3rd Fl, Community Room, 409 W Broadway
Light refreshments served.

The Living Healthy Speaker Series is a year-long sequence of talks aimed at inspiring listeners to embark on a personal journey of healthy living.

For questions and to RSVP, contact Margaret Lynch at 617.464.7505 or malynch@sbchc.org.
Rep. Collins Helps Budget Focus on Drug Prevention

State Representative Nick Collins joined his colleagues in the Massachusetts House of Representatives in passing a balanced FY’15 budget focused on economic growth, increased government accountability and a commitment to reversing the opiate epidemic plaguing the Commonwealth. “This budget sends a powerful message to residents of the Commonwealth about where our priorities lie,” said Rep. Collins. “Along with many of my colleagues, I have been pushing to focus more of our energy and funding on substance prevention, intervention, trafficking enforcement and treatment. This year’s budget reflects those priorities and I was eager to fight that fight.”

Recently, Governor Deval Patrick announced a “state of emergency” due to the opiate epidemic. Collins, a lead advocate for making the state’s Prescription Monitoring Program (PMP) mandatory for all doctors and anyone authorized to write prescriptions in the state, noted that the Legislature has been ahead of the game on this front. “Since we made the PMP mandatory, the Commonwealth has identified almost 400 people doctor shopping, as well as doctors over prescribing,” said Rep. Collins. “And that’s with the program only at 40% capacity. This program is working.”

Collins further noted that “funding for the creation of new drug courts, as well as substance abuse prevention, treatment and intervention programs reflects the House’s commitment to halting this epidemic. Additionally, the efforts to increase the sentencing for heroin trafficking from 20 to 30 years send a clear message to substance abusers that criminal punishment is an option.”

Collins also applauded the House’s commitment to halting heroin trafficking. “Along with doctors over prescribing, I’ve been a advocate for making the state’s Prescription Monitoring Program mandatory for all doctors and anyone authorized to write prescriptions in the state as well as doctors over prescribing,” said Rep. Collins. “And that’s with the program only at 40% capacity. This program is working.”

Collins’ statement was echoed by other members of the Massachusetts House of Representatives in passing a series of bills to combat the opioid epidemic in the Commonwealth. “This budget sends a powerful message to residents of the Commonwealth about where our priorities lie,” said Rep. Collins. “Along with many of my colleagues, I have been pushing to focus more of our energy and funding on substance prevention, intervention, trafficking enforcement and treatment. This year’s budget reflects those priorities and I was eager to fight that fight.”

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Senator Forry Named to Mayor Walsh’s Universal Pre-Kindergarten Advisory Committee

BOSTON – Today, Mayor Martin J. Walsh named State Senator Linda Dorcena Forry to his Universal Pre-Kindergarten Advisory Committee. The Advisory Committee is tasked with recommending a city-wide action plan to double the enrollment of four-year olds in high quality, full-day pre-kindergarten programs by 2018.

The Universal Pre-Kindergarten Advisory Committee will explore a multitude of factors, such as funding requirements, potential partnerships and class space requirements to name a few, in creating their action plan for the expansion of full-day pre-kindergarten programs.

“I’m thrilled to join in Mayor Walsh’s efforts to examine and improve access to pre-kindergarten programs which have proven to be an integral part of a child’s educational development,” said Senator Linda Dorcena Forry. “As the mother of four school aged children, I know first-hand the importance early education can make in the life of a child,” Forry continued. “Research shows that early childhood programs with trained teachers provide a strong learning foundation that leads to increased academic achievement including higher MCAS scores and reduces the achievement gap between students by third grade.”

The Universal Pre-Kindergarten Advisory Committee, made up of 27 members from the education, government, business and non-profit fields, will make its recommendation for a mixed delivery system to Mayor Walsh in November 2014 after holding a series of stakeholder focus groups across the City and offering online surveys to collect information about the needs of all of the City of Boston’s neighborhoods for pre-kindergarten programming.
All societies and cultures have some type of value system. Usually it’s a value placed on a material object. The Mideast has oil; Africa has diamonds and so on. Some societies are wealthier than others, however all citizens of all countries possess a priceless commodity. It’s called character – soul - integrity. Only its owner can determine its worth.

With material objects it’s usually quite simple. For example, someone looking to borrow from a bank would have to have collateral; some type of possession to backup the value of their loan. Ironically, when we give authority to people to safeguard our most valuable possession, our lives, we only require their word, their oath. When we give someone a gun and handcuffs and the power to take liberty by restraint or force, our ultimate safeguard is the oath the officer takes to “serve and protect”. We rely on the officer’s adherence to that oath, which is why society’s outrage is heightened when those sworn to protect violate that oath. The same with our elected leaders. To them we give ultimate power to run our lives. The most important aspect is to protect those lives. They have taken an oath to protect. We rely on their adherence to that oath, which is why society’s outrage is heightened when those sworn to protect violate that oath. The same with our elected leaders. To them we give ultimate power to run our lives. The most important aspect is to protect those lives. They have taken an oath to protect. They were all Americans. They deserve the same protection as we all do. Instead that gray area crossed into black and white. Their lives were gambled with for political window dressing.

At the last Democratic National Convention in 2011, which again nominated Obama both the President and keynote speaker, John Kerry made Bin Laden’s death and Al Qaeda’s alleged destruction a central campaign point. This was a political decision whose roots go back to Sec. of State Clinton denying repeated requests to increase security at the Benghazi compound, the last request at the end of August of that year. After all, addressing the terrorist reality in Libya with a muscular upgrade would contradict the political fantasy being spun that “peace is at hand”. So four Americans were sacrificed for that fantasy.

The obsession with preserving that fantasy paralyzed the administration to such an extent that last week a retired General testified that he was wrong and sorrowful that our military never even attempted to respond to the Benghazi outpost calls for help. The administration later pointed out the attack was over in 7 hours and help couldn’t have reached them in time. No one knew if the attack would last 7 hours or seven days. What they did know was an armed military response would again point out the contradiction as to Al Qaeda’s demise, so they elected to do nothing. To ignore the pleas and cries for help from Americans that they took an oath to protect was politically inconvenient. Their attitude is summed up by statements like “at this point what difference does it make”, and “Dude, its been like two years”.

The Boston police officers knew how to react to cries for help. The famous photos shows them running toward danger to save lives. They were true to their oath. This administration must be held accountable by you for breaking its oath.

Take care till next week.

**Note:** talk back to Brian by email at bmahoney@southbostontoday.com

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**DCR TRAFFIC & PARKING ADVISORY**

**Boston Marine Corps Honor Run**

**WHAT:** On Saturday, May 10, 2014, the Department of Conservation and Recreation (DCR) will close William J. Day Boulevard in South Boston to all traffic to accommodate the Boston Marine Corps Honor Run on William J. Day Boulevard. All four lanes on Day Boulevard will be used for the race. Traffic will be detoured to adjacent roadways: Columbia Road, Farragut Road and Shore Road will serve as a route to Castle Island. Parking will also be prohibited along the Day Boulevard.

**WHEN:** Saturday, May 10, 2014

**WHERE:** Day Boulevard will be closed from Kosciusko Circle to Farragut Road from 8:30 am to approximately 10:30 am. There will be no parking on Day Boulevard from I Street to Farragut Road from Friday, May 9th at 10:00 pm through Saturday, May 10th at 10:30 am.

Temporary overnight parking for residents with a valid City of Boston South Boston Resident Parking Sticker will be provided at the angled parking spots located between Shore Road and the Castle Island parking lot beginning Friday, May 9, 2014. This temporary parking area will be staffed and vehicles will be checked for resident parking stickers.
Window Into The State House

Window Into The State House provides our readers a synopsis of important issues of interest, past and current, that are being proposed, debated or acted upon by the Massachusetts Legislature. Many issues that are not related to local city government services are acted upon and have a direct impact on daily life. They are tax policy, transportation infrastructure, judicial appointments, social services and health, as well as higher education. We will excerpt reports from the gavel-to-gavel coverage of House and Senate sessions by news sources focused on this important aspect of our lives. These sources include a look ahead at the coming week in state government and summaries and analyses of the past week, re-caps of a range of state government activity, as well as links to other news.

VERTEX SCHOLARSHIP WINNER, RUNNER-UP ANNOUNCED

Excel High School senior Phat Tran will be the first recipient of the Vertex Science Leaders Scholarship, a full four-year scholarship for students attending either Boston Green Academy or Excel High School in South Boston who are pursuing science, technology, engineering or math disciplines, the University of Massachusetts announced Monday. Tran emigrated with his family from Vietnam and plans to study environmental engineering in the fall. UMass indicated Vertex also plans to make a “generous one-time contribution” to runner-up Ramon Recio who like Tran also plans to attend UMass-Amherst. - M. Norton/SHNS

245,000 ARE “NEAR-POOR” IN MASSACHUSETTS

As a percentage of its population, Massachusetts has fewer “near-poor” residents than the nation as a whole although new U.S. Census Bureau statistics show that 245,000 Bay State residents are struggling to get by on wages that place their families just above the official government poverty threshold. The bureau reported Thursday that 14.7 million people in the United States had family incomes between 100 percent and 125 percent of the poverty threshold in 2012, or 4.7 percent. The bureau placed the U.S. near-poverty threshold range for a family of four with two adults and two children is $23,283 to $29,104. In Massachusetts, according to the bureau, 3.8 percent of residents were considered near-poor in 2012. The government reported that individuals with less than a high school degree had a near-poverty rate of 10 percent in 2012, compared to 1.6 percent among individuals with at least a college degree. More than 32 percent of near-poor individuals received nutrition benefits, formerly known as food stamps. In 2012, the share of the near-poverty population covered by public health insurance in the U.S. was 43.6 percent, while the share of the poverty population covered by public health insurance was 50.2 percent. On Beacon Hill, there’s agreement among Gov. Deval Patrick and majorities in the House and Senate to raise the $8 an hour minimum wage, but top Democrats have been unable to agree for months to come together around a single plan for raising the wage floor. - M. Norton/SHNS

HOUSE OKAYS BID TO EXPAND CARBON MONOXIDE DETECTORS

Carbon monoxide detectors would be required in all public buildings with furnaces, under a budget amendment passed by House lawmakers Wednesday. While homeowners are required to install carbon monoxide detectors, the devices are not required in public buildings under current state law, according to the National Association of Government Employees, which has pushed for detectors for six years. The amendment was filed by Rep. Paul Brodeur, a Democrat from Melrose. Raymond McGrath, legislative director for NAGE, called it a common sense move that carbon monoxide detectors be installed in public buildings. “A lot of people spend more time in their offices than they do at home,” McGrath told the News Service before the amendment was adopted as part of a broader amendment related to public safety. Last month, 77 kindergartners in Douglas were evacuated from the Douglas Municipal Center because of a carbon monoxide leak. The school system holds classes on the second floor of the public building. Nine people, including six kindergartners and one high school student, were taken to the hospital after several students began feeling ill, according to a WBZ radio report of the incident. Fire officials blamed a faulty boiler for the carbon monoxide leak. - C. Quinn/SHNS

CONTINUED FROM page 4 on the market in the state fell nearly 21 percent in the past year, to roughly four months of supply. November marked the 21st straight month of inventory decreases”, according to Jon Chesto.

As to prices, the website Boston Bubble commented that “for the last several years, real estate has been in a pricing bubble. Prices have been substantially higher than historical relationships to incomes and rents would justify. While prices have started to decline, they are still abnormally high compared to these core fundamentals.”

The liberal political blog Daily Kos reported that very few people paid attention when Shaun Donovan, U.S. Secretary of Housing and Urban Development, gave the following warning in December 2013. “We are in the midst of the worst rental affordability crisis that this country has known. Over four years, there’s been a 43 percent increase in the number of Americans with worst-case housing needs,” says Donovan. “Let’s be clear what that means: They’re paying more than half of every dollar they earn for housing”, he added.

Zillow, the real estate website, released a study showing just how widespread the problem is. An analysis for The New York Times by Zillow found 90 cities where the median rent — not including utilities — was more than 30 percent of the median gross income. Nationally, according to a comprehensive Harvard study, 50% of all renters are now spending more than 30 percent of their income on housing, up from 38% of renters in 2000. Things are likely to continue getting worse, as rents will outpace the rate of inflation (not to mention incomes) for years to come.

Why is no one paying attention to this  

CONTINUED ON page 7
Finding Your Passion May Take Time.

When it’s not quite 70 years old, is in better shape than many younger models and just keeps on running. It’s not a vintage watch. It’s not an Oldsmobile 88, nor is it a computer. It’s the L Street Running Club’s version of the Energizer Bunny, Bill McLeod. Believe it or not, on April 30th, the Beacon Dash represented road race number 700 for McLeod.

Bill has earned a reputation as the ‘quiet but deadly’ competitor, not only in his age bracket but often well below. With his trademark reversed baseball cap, evident in this 1992 Falmouth Road Race photo, you’d never know that he only started racing in 1980 at the age of 35. He ran the CharlesBank 10K road race in tennis shoes with a time of 48:48. That race began the L Street Running Club motto ‘No pace too slow, No distance too short’ was secondary to Bill’s motto – ‘No young gun too fast for a wily senior like me’. Bill’s goal was 6 minute miles, and he combined the L Street regimen with cross training and track work, learning and listening to the many veteran harriers that he trained with, to achieve it. In the grueling Milton 10K he ran a 37:01 at the age of 45. Although he satisfied his goal only once, he would remain at the 6:15 per mile pace for several years and kept his competitive edge. The Running Club was more than just a scheduled training program, it had social value as well and Bill made quite a few friends as a result.

His racing career, that includes 26 marathons, 50 half marathons and numerous 5K and 10K races, was not without injury. At the age of 48 he injured his Achilles tendon and 5 years ago, in the tangled legs of an undisciplined race start, Bill was knocked down and broke both his shoulder and knee cap. This hasn’t deterred him. Since the injury, he is more selective, but recently ran a half marathon and won the 50+ year old bracket outright at a small lawyers-sponsored charitable event benefiting a violent crime victim.

When asked, Bill attributes his love for running to the friendships he has made, the advice and support he has been given and his belief that the solitude of running adds years to his life. Oh, and he also said that cutting back a bit on beer consumption helps as well.

So, if you see a speedy runner along Day Boulevard with a reversed cap on his head give Bill McLeod a ‘shout out’. Remember, it’s never too late to find your passion.

CONTINUED FROM page 6

growing crisis? According to Kos blogger Gjohnsit,... “for the same reason that no one paid attention to the 2002-2007 housing bubble: too many people are making money on it. A lot of people don’t want to hear talk about a housing crisis when they are raking in the cash.” What does a healthy housing market looks like. Traditionally it is young households taking out mortgages and becoming first-time homeowners. More established households that may or may not have paid off their mortgages sell these small homes and move into larger, more expensive homes.

Gjohnsit goes on to say, “Further confusing things, people are noticing that home prices are going up, but they often don’t ask who is buying. Investors are buying, not homeowners, and that makes a huge difference. Homeowners never sell, except to buy another home. Investors always sell, and they always sell to buy a different product. The housing “recovery” isn’t a normal housing rebound. It is an investment rebound, and thus it will follow the laws of an investment cycle, like the stock market.”

This is what is happening today especially in South Boston. City Hall leadership on middle income and family housing policy is the only way to balance the equation. This is where the Gate of Heaven School comes in. The final development of the Gate of Heaven School will speak volumes about where this community is headed and is a symbol in at least two ways. As a school it symbolizes neighborhood stability. As a condominium development, based on what real estate pundits mentioned herein are reporting, it symbolizes one of the last opportunities in the traditional South Boston neighborhood for investors to maximize their investment.

Million dollar plus condos and 5 figure monthly rents may be sustainable in the waterfront high rises because buyers and renters are either corporate, wealthy, international or all three and good luck to them. But, please leave a little slice of heaven known as Southie for the rest of us.
Being present is a phrase heard often these days. Awareness, engagement and responsibility should be attached to the moments of our lives, for it is the collection of those fleeting and flickering memories, which will remind us all that this is what life is truly about.

Many people’s most cherished recollections revolve around food and drink, in a place that feels like a second home, an extension of themselves. As hokey as it may have been at times, the televisions show “Cheers” represented a space where “life” stopped for a while and began again, just in a different capacity. Here in South Boston, there are many
Please Join us Tuesday, May 13th, starting at 6pm and ending at 9pm at Lincoln in South Boston — a “Friendraiser” for Julie’s! Come socialize while finding out about the good work being done here in South Boston since 1974. Fabulous Raffles and drinks and appetizers! Tickets are $25 in advance and $30 at the door. Log on to our website to purchase advance tickets. www.juliesfamily.org

Julie’s is a community-based family support and education program that is committed to the development of strong, stable, healthy family functioning. Julie’s provides services that enable poor, at-risk mothers and their children to transform their lives and become healthy, successful, and economically self-sufficient members of their communities.

institutions that anchor this great neighborhood and offer that same ease and contentment as “Cheers” once had. The Farragut House was just that place. Friday nights after a long workweek, birthday celebrations and Sunday dinners were all celebrated and shared at the Farragut House. Though smoky and dark, there was a shining brightness to those who came in, out of and stayed. When it was told to the community that the F.H. would be closing, it was as if a part of many people’s lives were ending. It was a “local”: part watering hole, part meeting hall, where some life-altering events had occurred. What would go there? How could anything even come close to take the spot in our hearts left void from losing such an institution? Neighbors and friends asked all of these questions and many more. South Boston was slowly changing with its population and to many it was just another sign of conformity. Lifelong residents had a sense of a lost identity and thought their grip on what they knew their life in this town was coming undone. When it became known that an eatery would be built in the space, the expectations of those in Southie were mixed. The Who/What/When/Where/
Stepping Up: Roll Out the Green Carpet

Where did all the time go? It’s like I woke up and it is May 6, sunny and 60 degrees. For the past nine months, outside and my outlook on life have been remarkably similar: salt-dusted and bleak. You know it’s been a looong winter in Southie when you will move your car just to drive 5 blocks instead of walking the 2, to Mt. Washington Bank. And your foyer looks like a recycling center because you have any time needed to be spent outside, timed to the second, so the blue bin’s been a leetle light recently.

With my movements almost robotic because I am so stiff from sitting and sleeping, I am taking full advantage of this * warm * streak. Why not knock the kickstand off your bike and kick the spring off right? Spring cleaning, inside and out. Look for me, I will be the one dragging my spirit and those recycling boxes, to the curb. Any help, with any of it, will be warmly welcome! ☺

*Rollin’, Rollin’, Rollin’*

May is National Bike Month. Biking is a great way to enjoy the weather, it’s economically and environmentally friendly and fantastic exercise. Boston has always been a walking city and is well on it’s way to becoming a biking metropolis too. This Friday, May 9, join in Boston Bike Week and cycle your way to wherever the road may lead. There will be a biking convoy departing from various locales; Southie doesn’t have it’s own starting spot, but the Dorchester “train” rides right through Southie- no excuses to not join in. Spandex shorts not required. bostonbikes.org

*Tandem Travels*

Biking is not taken likely here in South Boston. Sure, a slow and sweet Sunday ride is nice, but cycling as a means of responsible transportation is serious business. Southie Bikes has been promoting safe streets, fair riding practices and environmentally minded engagement in our neighborhood. With the addition of some Hubway stations and My Bike’s prominent West Broadway location, there is more opportunity to steer oneself and the wheels in this direction. And yes, leisurely rolling along is happening too. Southie Cycles hosts several fun rides weekly, sometimes with an after-ride BBQ, often with the help of local music bands.

*Simply Sherry Tasting Class* - All ages and levels welcome.

- The sherry cocktail class at TR Stage Mom is taking the time out to appreciate all our moms, serving up mimosas every Tuesday, 8am-4pm, during Mommy and Me time. Moms are encouraged to bring in their little one(s) and enjoy a Mommy Mimosa. “Dads also welcome.”

laughboston.com/women-in-comedy-festival

*Stage Mom* - Laugh Boston is hosting the 6th Annual Women in Comedy Festival, May 8th-11th. Grab mom and head over to enjoy some light, possibly R-rated, laughs. Shows are all weekend with tons of time slots, so one will definitely be before Mom’s (and your) bedtime.

CONTINUED ON page 11

Stepping Out: Look Ma, No Hands!

Sparkling jewelry. Hand-dipped chocolates. Rococo flowers. Expensive meals. All things a lady may want. But when most moms are polled as to what their big hearts desire for Mother’s Day this year, Sunday May 11, the most popular responses were more like a clean house, more sleep and alone time. Appreciating the one who brought you into this world is important; acknowledging how she may want to be appreciated by you and doing as she may hint, because Lord knows it will never be directly addressed, is a gracious and smart, move. My mom has shoeboxes full of the cards I have so painstakingly searched for and inscribed. They are right next to boxes of gifts that went right along with those greetings. Finally, I asked mi madre what she wanted, now that her kids were grown and out of the house. I mentioned now she could get all the sleep she wanted/needed and her house was spic and span; then she reminded me that she can’t sleep because she’s old and she will never stop worrying about her babies. And that those aforementioned babies, though no longer physically living in her home, tear through the homestead and leave a mess still. Ok- I am at times, wrong. Since I didn’t want to have to clean up after my slobby siblings, and my mama understood, she told me that she wanted to spend an evening being me. Meaning, getting dressed and dolled up, hitting the town and enjoying all Southie has to offer. This weekend is the perfect chance to show mom a good time and take advantage of it yourself. Like mother, like daughter.

**Yummy Mummy**

- The sherry cocktail class at TR Street Foods is paying homage to this classic and at times, over looked, libation. Event is Tuesday May 13, 7-8:30pm, drinks will be sampled and small bites provided. eventbrite.com/e/simply-sherry-tickets-11012004201
- The berries are getting ripe and you know what that means: PIE! The Summer Pies class is being held at Flour bakery in Fort Point this Saturday, May 10, 6:30-8:30pm. Learn how to make a flaky piecrust and the fillins’. Please email sarah@flourbakery.com to sign you both up. flourbakery.com/content/summer-pies-0
- The Paramount Southie is taking over to enjoy some light, possibly R-rated, laughs. Shows are all weekend with tons of time slots, so one will definitely be before Mom’s (and your) bedtime.

laughboston.com/women-in-comedy-festival

- The B.oston’s U.scribed M.usical P.roject is at it again with another show this Friday May 15th. This musical improve show is sure to keep you on your toes and your toes tappin’. Mom will feel like you took her to NYC for the weekend.

eventbrite.com/e/bostons-unscribed-musical-project-tickets-8573951921

- Bring mom back to her glory days and check out the “Exclamation Point! 12 Bohemians” performance at the Fort Point Theatre Channel, May 10th&11th at 5:30pm. Channel your inner love child.
Southie Senses:

**Things to touch, see, taste, smell and hear in Southie**

### Touch: Knock Out
Haymakers for Hope is happening Thursday, May 15th at the House of Blues. Watch some Southie hopefuls’ from Peter Welch’s Gym and Regan’s Motivated Fitness fight their way to a cure for cancer. Tickets are still available and there is still time to donate. Either way, it’s a win.

[go to haymakersforhope.org/get-involved/boston-2014/](http://haymakersforhope.org/get-involved/boston-2014/)

### See: Toon Town
The ICA Boston hosts the bi-annual New England Animation Film Festival this weekend and the next with show times Saturday and Sunday. The fest will showcase the many ways in which cartoons and animation has grown and expanded. Feel like a kid again.


### Taste: Mom’s the Word
Brunch is a favorite meal of so many moms, probably because it satisfies everyone with the options of breakfast or lunch, and the fact that they don’t have to make it! There are lots of Southie spots offering up a special meal with mom in mind this weekend. Call ahead and reserve something today.

[stephisinsouthie.com](http://stephisinsouthie.com) [gatherboston.com](http://gatherboston.com) [local149.com](http://local149.com) [lincolnsouthboston.com](http://lincolnsouthboston.com) [luckysslounge.com](http://luckysslounge.com) [barlowsboston.com](http://barlowsboston.com)

### Smell: It’s Ok to be a Nosy Neighbor
Join your friends and neighbors this Tuesday May 13th, 6pm, at Lincoln Southie and Massport’s “Friendrasiar” and help raise some money for Julie’s Family Learning Program, a family resource helping South Bostonians for over 40 years. Let’s get them through another 40.

[facebook.com/events/682168451830150](http://facebook.com/events/682168451830150)

### Hear: Mike Mike Mike Mike Mike, Guess What Day Is It? HUMP DAY!!
Get on down to the 4th Welcome Wednesday at District Hall, May 14th, mix and mingle with new and old, chuckle at the entertainment provided by Laugh Boston, sip on Sam samples and enjoy Gather’s best bites. Tickets are free, you just have to register.

[eventbrite.com/e/welcome-wednesdays-4-laugh-boston-tickets-11237915909](http://eventbrite.com/e/welcome-wednesdays-4-laugh-boston-tickets-11237915909)

### CONTINUED FROM Stepping Out
Boston, is a neighborhood initiative that asks for volunteers in various parts of Boston to get out and clean the parks, green spaces and other places that need some TLC. Fort Point will be participating 11am-2pm this Friday May 9. West Broadway will be taking care of the bridge and buffing it up on Saturday May 10, 10am-2pm. Check out with your neighborhood associations for any other opportunities. Street sweeping no towing involved! [cityofboston.gov](http://cityofboston.gov) [ons/bostonshines/](http://ons/bostonshines/) [fortpointneighborhood.org/current-projects/boston-shines/](http://fortpointneighborhood.org/current-projects/boston-shines/) [wbna.org](http://wbna.org) [sbnac.org](http://sbnac.org) (SB Neighborhood Assocs.)

### CONTINUED FROM Stepping Out
and remind mom of hers.

- **fortpointtheatrechannel.org/ep12-bohemians**
- **OM Mom**
  - South Boston Yoga and Radiant Yoga offer classes all week and on weekends to center and relax the mind, body and spirit. Mom may need and really enjoy your attention to detail by asking her along to one of your sessions. Who knows, her downward dog may amaze you. [southbostonyoga.net](http://southbostonyoga.net) [radiantyogaboston.com](http://radiantyogaboston.com)
- **Mother Lode**
  - An abundance of art is happening this weekend with the Fort Point Open Studios. There are so many galleries and chances to check out what our local and amazingly talented artists have to offer. Tavern Road is joining in on the fun and adding a Pop-Up Studio this weekend showcasing some of South Boston’s finest. Some complimentary nibbles are offered and a cash bar will be available. [fortpointarts.org/open-studios/facebook.com/](http://fortpointarts.org/open-studios/facebook.com/) [events/1419899081612256/](http://events/1419899081612256/)
  - Show your momma what your made of and head down to the Urban Art Bar on Mother’s Day. Flowerpots and boxes will be painted and participants will receive soil and seeds. Then watch your love for mom and those plants grow. [theurbanartbar.com](http://theurbanartbar.com)
Honoring and Remembering Tim Cook: A Celebration Of His Life

By Edward Flynn, U.S. Navy (Retired).

We have seen a hero that left us so soon but made a remarkable contribution. South Boston’s Timothy Cook served with distinction as a member of the U.S. Navy, deployed to one of the most hazardous duty locations in the world, Iraq. A combat veteran, Cook volunteered for one of the most difficult military assignments as a U.S. Navy Hospital Corpsman.

Dedicated, focused, disciplined and well-trained, Cook served alongside the U.S. Marines in the Global War on Terrorism in Iraq. As a corpsman, it is vital to be dedicated to the military mission and Tim fulfilled that commitment with outstanding service in protecting the health of so many U.S. Marines while still facing ongoing combat. Cook not only lived up to that standard, but exceeded it by becoming a 3rd class Petty Officer.

These warrior guardian angels maintain constant battle readiness serving their brothers and sisters in arms. With little fanfare and often armed with a weapon and medicine, hospital corpsmen are exposed to constant and imminent danger, and are also referred to as devil docs. Often required to display a disregard for their own physical safety, these corpsmen display courage under fire and a fierce loyalty for which they serve: The U.S. Navy and Marine Corp. Tim Cook is no exception to these proud ideals.

Timothy Cook dedicated his life to defending our country. Timothy protected “his Marines” and didn’t back away when bullets were flying. He stayed true to his mission as a proud hospital corpsman, to save lives of others. Always wanting to give back, Tim redoubled his efforts, with the assistance of USMC Sgt. Sean McLaughlin, designed a mass casualty vehicle that expiated efforts, with the assistance of USMC Corp. Tim Cook is no exception to these proud ideals.

The BRA Office is on 165 Chestnut Hill Ave #2, Brighton, MA 02135.

From May 27th to June 5th applications can be requested by phone (617.782.6900) or email (seb.housing@gmail.com). Applications may also be picked up at the South Boston Branch of the Boston Public Library (646 East Broadway, South Boston) on Wednesday May 28th (1 pm to 6 pm) and Saturday May 31st (10 AM to 3 PM) and Tuesday June 3rd (4 pm to 8 pm).

Applications can be dropped off to the SEB Office between 10 AM and 4 PM on June 11th and June 12th.

The deadline for application drop off at the SEB Office is 4 pm on June 12th, 2014.

Applications can also be mailed to the SEB Office but must be postmarked by June 12th, 2014.

The SEB Office is on 165 Chestnut Hill Ave #2, Brighton, MA 02135.

Selection by lottery.
Asset, Use & Occupancy Restrictions apply.
Handicap households have preference for 4 accessible units.
Preference for Boston Residents.
Preference for Households with at least one person per bedroom.
Flats on D is a smoke free community.

For more information or reasonable accommodations for persons with disabilities, call 617.782.6900
### Recent South Boston Real Estate Sales

<table>
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<tr>
<th>Property/Type</th>
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**Mark the Dates!**

South Boston APAC  
424 West Broadway  
Wednesdays, 10 AM – 1 PM  
May 21  
June 18

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**Boston Water and Sewer Is Coming to Your Neighborhood**

A Boston Water and Sewer Commission Community Services Dept. representative will be in your neighborhood at the place, dates, and times listed above.

**Our representative will be available to:**
- Accept payments. (Check or money order only—no cash, please.)
- Process elderly or disabled persons discount forms.
- Arrange payment plans for delinquent accounts.
- Resolve billing or service complaints.
- Review water consumption data for your property.
- Explain BWSC customer programs.

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**Boston Water and Sewer Commission**

980 Harrison Avenue • Boston, MA 02119 • www.bwsc.org  
Need more information? Call the Community Services Dept. at 617-989-7000.
The Fort Point Arts Community’s 14th annual Fort Point Spring Open Studios, will be held on Friday May 9th from 4-7pm and Saturday and Sunday May 10th and 11th from 12 noon-5pm.

Seventy-five artists open their studios in Boston’s Fort Point, along with galleries, performances, and a series of outdoor public art installations. Visitors can pick up a map at any participating building and see the studios of painters, jewelers, ceramicists, photographers, sculptors, textile artists, printmakers, and more. Explore Fort Point, one of New England’s oldest and largest arts’ communities, and talk with artists in their studios. Most artwork is available for purchase. Spring Open Studios is held on Mother’s Day Weekend, making it the perfect place to shop with or for your family.

Fort Point Spring Open Studios

A series of public art installations is located in and around the Fort Point Channel in conjunction with Open Studios. Peter Agoos’ Tropical Fort Point is a floating installation of palm trees in the Channel between Congress and Summer Streets—a commentary on both climate change and the lack of green space in Fort Point. Kate Gilbert and Karen Shanley’s I Wandered celebrates the joyous arrival of spring and invites you to explore Fort Point through poetry. Elisa Hamilton invites the public to “take what they need” in her interactive installation Silver Lining, on the Summer Street Bridge, an exploration of our relationship with hope and possibility.

Open Studios locations are all within an easily walkable area, convenient to T and commuter rail at South Station and the Broadway Red Line stop, as well as the Silver Line Courthouse stop. Open Studios events are self-guided: maps and directories will be available at our
information booth at the corner of A and Binford Streets and in all participating buildings. Locations of studios and galleries include: 15 Channel Center, 25 Channel Center Street, 249 A Street, 319 A Street, 347 Congress Street, 346 Congress Street, 3 and 290 Congress Street.

Free parking will be available in the Channelside Central Parking Lot directly across from 249 A Street, thanks to Gillette/P&G and Central Parking, accessible from Binford Street. Admission to this event is free.

For more information and details go to www.fortpointarts.org or call 617-423-4299.

About The Fort Point Arts Community:
The Fort Point Arts Community, Inc. of South Boston (FPAC) is a non-profit community organization founded in 1980 and run by neighborhood artists and volunteers. Our mission is to promote the work of our artists to a broad and diverse audience; to preserve the artists’ community in the Fort Point Channel area; to maintain and expand access to affordable studio space; and to increase the visibility of the arts in Fort Point.

Fort Point artists generate art all year round, present two Open Studios events annually, advocate for the development and preservation of permanent studio space, organize art lending programs, run galleries and a store, create temporary public art, and actively participate in decisions that affect our neighborhood. We encourage new ideas, collaboration, connections, and economic growth.

The Massachusetts Port Authority will be constructing the Thomas J. Butler Freight Corridor, a new 2/3-mile dedicated truck haul road (Freight Corridor) that will allow Massport to remove all Conley Terminal container truck traffic from East First Street and portions of Summer Street. As part of this project, the Authority will also be constructing a new 4.5-acre community open space to be built and maintained by Massport. The Thomas J. Butler Memorial Park will serve as a significant noise and visual buffer for the adjacent residents and create a new amenity for the neighborhood. The Park will be primarily passive in nature and will include an end-to-end multi-use path, varied and extensive plantings, a concrete sound barrier along the northern edge, a security fence enclosure, seating, lighting, bike racks, and other amenities. As part of the park and in conjunction with the community, Massport will reconfigure existing parking along the north side of East First Street to provide 114 parking spaces (6 parallel and 108 angled) along East First Street, which would serve both open space users and neighboring community. D. W. White Construction, Inc. has been hired by Massport as the contractor for the project. This project will take approximately 2 years to complete.

If you have any questions about this meeting please feel free to call Anthony Guerriero in the Office of Community Relations at 617-568-3711.

CONNECTING WITH OUR COMMUNITIES.
Local history lovers, please note! Please join us on Monday, May 12 at 6:30 for the 34th Annual Gibbons Lecture, where local public transportation fan Patrick E. Francis will present an illustrated talk titled South Boston: Streetcar Suburb? The lecture will cover the history of the use of public transportation by South Bostonians for commuting to work, downtown shopping, and leisure activities from the days of the horse-drawn trolley to today’s hybrid bus. This special event will take place at the South Boston Branch Library, 646 East Broadway. All adults are invited; refreshments will accompany the program.

CONTINUED FROM page 9
Why/How circled conversations. You see, change is very hard. But Local 149 made it easy.

The owners of a small, local restaurant The Biltmore in Newton Upper Falls, a tight-knit town much like South Boston, were slated to open a similarly styled eatery with a Southie twist. The Biltmore has a cozy, dark, homey vibe, with lots of wood and old Western town storefront windows, reminiscent of the train stations and mills that once inhabited the area. Local 149 was different though. Sure it needed to offer the same solace one seeks out at the end of a long workday (or week) in the form of liquid and solid provisions, but 149 was in a beachside community, full of lifers who only drank one type of beer and newbies who wanted a challenge at every turn. It needed to embrace where Southie was and where it was going. So Neighborhood Restaurant Group, the collective behind the Biltmore and Local 149, did just that.

Local 149 had a little bit of everything. All people, the newbies and the lifers, were open to the new and fresh ideas and offerings of Local 149. It was a chef and restaurateur’s dream clientele. Sure, there were Budweisers and Jameson but there was also Pabst and Fernet. Pepperoni pizza but also bone marrow on toast. Fried chicken and homemade waffles, just served together. A welcoming and approachable guest who was ready, willing and able. And Local 149 has served all well. The quality and variety of all products, from regionally sourced proteins and vegetables, to liqueurs and beer locally brewed, to the servers and chefs, is, was and will continue to be stellar.

The menu offers a variety of items that are inviting and known to most but tweaked with a little bit of something unfamiliar. The perfect invitation for someone to try something new. Chef de cuisine Dave Nevins has confessed that his kitchen has an approachable feel and accessible ear when it comes to hearing what the customers want. And he feels a sense of privilege and pride, holding the trust of his faithful patrons to give him the authority to try out new and interesting recipes and concepts. A reciprocal relationship flows through the center of all that Local 149 does. A give and take. It was like a school lesson. The knowledge and experience of the staff was shared with the guests; learning about libations and food so close to their own, favorite comforts, it wasn’t too hard to venture off once and a while. SB shared their inborn, natural way of welcoming and sense of community that instantly drew in those employees and owners of Local 149.

Southie trusted Local 149, and Local 149 delivered. With so many residents open to the idea that once was and the reality that is Local 149, it was natural to follow suit. Local dug it, dug in and became involved, as would any Southie resident. They sponsor a local hockey team and Southie F.C. semi-pro soccer team. When a car struck Whitney Hardy during her daily run, Local 149 went into action donating all the money from their St. Patrick’s Day cover charge to lend support. During other times of need like the tragic loss of Amy Lord, a fundraiser was immediately planned. Local has an annual Mo-vember event to raise money for prostate cancer, and has collaborated with local the local Boys & Girls Club, the BFD and BPD, in charity. Local 149 is

CONTINUED ON page 18
**Julie’s Family Learning Program’s Friendraiser**

**SOUTH BOSTON TODAY**

**SBT Staff Report**

With the weather finally cooperating and making it tempting to go out at night even during the week, given the tough winter, the question being asked is what are you doing next Tuesday evening, May 13th, from 6-9pm?

Many of our friends and neighbors will be heading down to the ‘Lincoln Tavern and Restaurant’ at 425 West Broadway in South Boston for what’s being billed as a ‘Friendraiser’. A Friendraiser is a fun type of fundraiser where old friends gather to socialize and meet and welcome new friends and to raise money for a great cause.

At this friendraiser, the cause is for Julie’s Family Learning Program and it will be an opportunity for the great staff of Julie’s to introduce this excellent and innovative program and community resource to those who may not yet be familiar with it.

The Lincoln Tavern and Restaurant will be the place to be next Tuesday evening for great food, some music and a lot of fun as well. For the price of admission; just $25 in advance and $30 at the door you get it all including a drink ticket. As the many people who have been to Lincoln can attest, the food is excellent and the atmosphere is upbeat and fun. Could you ask for a better way to help out a great program like Julies?

Julie’s Family Learning Program has been in operation now for 40 years. In that time, and in its stated mission, it has helped countless families in need of their services. It implements a comprehensive or ‘total care’ approach for each family by providing an array of services such as adult basic education, family support, counseling, adult and child educational tutoring, and infant, toddler and Montessori preschool services. Services are provided in a warm, family friendly environment with access to free resources such as food, clothing and school supplies which help offset each family’s financial situation.

South Boston Today spoke with Bob Monahan, the Director of Operations for the program, who stressed that Julie’s sticks with the families it serves for as long as it takes and will start with children as young as 3 months old. Julie’s Family Learning Program is a highly effective community based family support and education program that is committed to the development of strong, stable, healthy family functioning. Julies breaks the cycle of poverty among low income families by providing services that enable poor, at-risk mothers and their children to transform their lives and become healthy, responsible, successful and economically self-sufficient members of the community.

In fact, Julie’s family Learning Program is so successful and so highly acclaimed, that it was singled out by Oprah Winfrey’s Angel Network for its exemplary and unique approach. It’s no wonder that there is a waiting list for families to take part in the program. The results speak for themselves. It is a true success story.

Events like next Tuesday’s ‘Friendraiser’ are very important to the future of the program. As was stated above, this event will be an opportunity for longtime residents as well as for new arrivals to enjoy each other’s company in a casual, pleasant and fun atmosphere and to get to learn more about this truly wonderful program and all the creative and very successful services that it has to offer. You’ll also get to meet and know the dedicated, hardworking staff members who are the driving force of this incredibly successful program; all of them fantastic people.

So if you want to enjoy a great night out while helping to support a fine and worthy cause, the Lincoln Tavern and Restaurant at 425 West Broadway is the place to be next Tuesday evening, May 13th, from 6-9pm. For more information on the event and for tickets you can contact Bob Monahan by email at rmonahan@jflp.org or call Julies Family Learning Center by phone at 617-269-6663. Again, tickets are just $25 in advance and $30 at the door.

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**South Baptist Church Spring Bake Sale**

**Annual Spring Bake Sale, South Baptist Church, 80 L St. Corner of L and E. Fourth St. This Saturday, May 10th, 10am till 2pm**

The weather is warming up and the days are getting longer. What this means is that so many South Bostonians is that it’s once again time for the annual Spring Bake Sale and all those delicious homemade baked goods prepared by the ladies of the South Baptist Church. Yes, once again, some of the finest cooks and bakers around will work their magic and prepare their incredible Pies, Cakes, Breads, Cupcakes, Brownies and a whole variety of other goodies always sure to please the taste buds of so many. In addition, homemade baked beans will be for sale as well as the best chili; both beef and turkey east of Texas. And everything is prepared with only the freshest and most wholesome ingredients.

Those of you who have tasted the delights of the food prepared at this annual event know how good and how good everything is. In fact, people have been known to drive in from many surrounding towns and in some cases, drive over state lines for this bake sale. It’s that well known and famous. Do you enjoy feasting on mouthwatering desserts, chili and baked beans but really don’t have the time to prepare them yourselves? Well, then Saturday’s bake sale is where you want to be. You can let the experts do all the work and get all you need at the South Baptist Church Saturday then kick back and enjoy a feast yourself, share it with the family or company or give it as a gift. No matter who tastes it, they will be glad they did.

The cooks and bakers at South Baptist Church take pride in their work and make sure that what they prepare for the annual spring bake sale is so good it will make you want to keep coming back for the next one and the next. It’s a labor of love. Said Denise Wilcox, who comes every year with husband Steve, “We try never, ever to miss the bake sale. With our family, it’s a springtime tradition.”

So if you enjoy the pleasure of indulging in absolutely delicious, healthful and wholesome baked goods and more, this Saturday, May 10th, from 10am till 2pm stop in at the South Baptist Church at 80 L St (at the corner of L St and E. Fourth St). You will be glad you did. Coffee and Sandwiches will also be available. All are welcome.
Mrs. Janice Carthas, Principal of St. Peter Academy, is proud to announce that the following students have received awards for Term 3.

First Honors: Sarah Tracey, Zach DeMichele, Terry Markos, Nyla Anderson, Ethan Long, Evan Markos, & Cole Keenan

Second Honors: Thomas Germain, Molly Hearon, Erin Vaillancourt, Madison Anastas, Saoirse Callanan, Jameson Clapham, Chloe McAuliffe, Kathryn Baszkiewicz, Mia DeMichele, Henry Gailunas, Molly Keenan, Jake Swartz, Fernando Correia, Peter Gailunas, Carolyn Deal, Jack Mersereau, & Holly Silva


Term 3 high – First Honors: Zach, Sarah, Ethan, Evan, Cole, Nyla and Terry

Term 3 second – Second Honors: Jamee, Chloe, Madison, Molly, Erin, Thomas, Jake, Saoirse, Kathryn, Mia, Molly, Jack, Carolyn, Fernando, Peter and Holly. Missing from photo is Henry.

Term 3 citizenship – Citizenship: Dylan, Thomas, Meghan, Michael and Ellen. Missing from photo are Victoria and Cali.

Term 3 pa – Perfect Attendance: Ethan, Bobby, Dylan, Terry, Mario, Nyla, Evan, Tommy, Peter and Carolyn.

CONTINUED FROM page 16
always eager and prepared to join ventures with any hometown need that may arise. Local 149 isn’t looking to build fences, but break them down.

Windows that open to the street share inviting sounds and smells to passers-by while those inside the joint hear the soft cawing of seagulls and small children. Like the aroma of fresh baked cookies brings you back to a time, place and people, a memory so vivid, it is almost tangible, so it is that Local 149 wants to do the same for you. Create new moments in time so good all you want to do is go back, over and over again.

In a time where overstimulation is the norm, being present in “real life” can be very trying, as time is so limited and communication is often through things, not people. Group text is where friends gather to catch up and reminisce. Life partners leave notes or voicemails with instructions for laundry, trash and how long to microwave dinner. Grandmothers email grandchildren who only reside a short distance away, because it is the “most efficient” means of contact, sharing pictures and stories. What happened to the warmth found in spending actual, physical time with others, in a shared space where comfort and familiarity embrace you like a hug?

To be present for the moment when those actions turn into snapshots, when your friend tells you she’s pregnant, to make dinner and eat it with your loved one with no zapping necessary. Even if you could “spare” half the time it would take to do all these things, wouldn’t our hearts and lives be much fuller and richer?

Local 149 marked their third anniversary at 149 ‘P’ street this April. If you haven’t already taken a minute to stop in and check it out, please do so, for Local 149 is sure to please. Warm greetings anew and some smiling Southie faces are sure to greet you at the door and beyond. Be present. Take it all in.

For “sometimes you will never know the true value of a moment until it becomes a memory.” Thanks Local 149 for the memories.
All teams in the Hockomock Pop Warner League, including South Boston Pop Warner, are getting trained on USA Football's Heads Up Program. The Heads Up Program is a national initiative to help make the sport of football better and safer. The Heads Up program will teach all coaches how to properly teach tackling without a player using his or her head. The Heads Up Program is a comprehensive collection of resources, programs, applications and promotions to create change and address the complex challenges of player health and safety in youth and high school football. The key components are education & certification; equipment fitting; concussion recognition & awareness; heat & hydration; and Heads Up tackling. Rugby is a sport similar to football but without equipment. Rugby has one of the lowest concussion rates because rugby players are taught a specific tackling technique.

To find out more about Heads Up program please visit: http://usafootball.com/headsup/
To find out more about South Boston Pop Warner, please visit: www.SBPW.com.

South Boston Pop Warner partnering with USA Football’s Heads Up Program

SOUTH BOSTON YOUTH SOCCER REGISTRATION
2014 FALL SEASON
MAY 5 - 10
CURLEY RECREATION CENTER (DAY BLVD.)
SENIORS CARD ROOM
6 PM TO 8 PM (Mon — Fri)
9 AM TO 12 NOON ON SATURDAY MAY 10th

$30.00 PER CHILD Ages 3 to 18
Must be 3 by Jan 1st 2014
New players need copy of birth certificate

INFO: 617-269-7930
www.southbostonyouthsoccer.com

Sponsors and coaches are needed, no fee for coaches to register but you must fill out CORI background form.
T
there is no sport that intensifies in its postseason quite like hockey. After 82 grueling battles in the lengthy regular season, teams somehow manage to elevate their game in order to compete for a shot at the Stanley Cup. Momentum is a factor in hockey more than any other sports. The ebbs and flows of a game sway back and forth; the goal is to match your opponent’s emotion and intensity with each push and subsequent pushback. Round one of the playoffs is complete - the weak have packed their bags and hit the nearest golf course - eight teams have been eliminated, eight now remain in the Conference Semi-Final round.

Again, the level of play rises, the intensity and emotion increases, while mistakes are magnified. There are no easy wins this time of year - and the eight teams that are duking it out for a spot in the Conference Finals are well aware of that fact. Unpredictable, impassioned... words don’t do the NHL postseason justice, as fans across the league are on pins and needles watching their teams do battle. The Western Conference saw Chicago, Minnesota, Los Angeles, and Anaheim advance to round two. The West has looked like the stronger of the two conferences all year long. Each of the four teams that survived the first round of the two conferences all year long.

The Ducks will look to utilize their speed and finesse to counter the physical play of the Kings, but the Ducks themselves are a big team who won’t shy away from battles in the corners with the big D-men from LA. The match up to look for on the ice will feature Selke Award nominee Anze Kopitar against Ryan Getzlaf, but more specifically against Getzlaf and Corey Perry. The Ducks’ dynamic duo combined to score 74 goals and 95 assists, good for 169 points in the regular season. The offensive firepower of the Ducks will meet the league’s best defense in the Kings, and perhaps the world’s best goaltender in Jonathan Quick. Good news for Anaheim, their starting goaltender Jonas Hiller is back in the net after missing four games against the Stars.

BLACKHAWKS vs. WILD: The defending Cup champions had a tough draw in the first round, taking on the St. Louis Blues, a team thought to be a Cup favorite following their deadlock acquisition of goaltender Ryan Miller. The Hawks, however, are just too good. Their system is sound, their best players score when it matters most, their blue line consists of strong and mobile puck-moving defenders, and goalie Corey Crawford continues to prove, despite being underrated, he is one of the best goalies in the NHL. The Hawks can’t take their next opponent lightly though, the Minnesota Wild has improved consistently over the past five years. The addition of Zach Parise and Ryan Suter during the 2012-13 offseason solidified Minnesota as a perennial playoff contender. Their offense can be anemic at times, something they won’t be able to afford against Chicago.

The Wild have a strong defensive core with Suter at the helm, but goaltending could be a question mark. Niklas Backstrom started the 2013-14 season between the pipes for Minnesota; injuries forced the starting role into the hands of a highly capable backup goalie in Josh Harding, who also suffered a season ending injury. Minnesota has since gone back and forth between deadline acquisition Ilya Bryzgalov and rookie Darcy Kuemper. This could be their undoing, as a team with questions anywhere in their lineup will not fair so well against a top-to-bottom juggernaut like Chicago.

The Eastern Conference features two of the best rivalries in the game today. The four teams that pushed through to round two include the Bruins, the Canadiens, the Penguins, and Rangers.

PENGUINS vs. RANGERS: The New York Rangers have quietly been one of the Eastern Conferences strongest teams. What’s different about them this year? Coaching and the ability to light the lamp. The addition of Martin St. Louis at the trade deadline did not immediately pay off, but after being reunited with old Tampa Bay line-mate Brad Richards, the blue-shirts are starting to see the production they were looking for. In the postseason, Richards leads the Rangers with three goals and four assists, while St. Louis has netted two, assisting on four. Alain Vigneault has harnessed the team’s offensive ability, and Henrik Lundqvist is as good as ever between the pipes. For the Penguins, they are hoping their downhill will not come between the pipes, as Marc Andre Fluery has struggled at times this postseason, and has a history of choking at particularly bad times for his team (See game 4 against Columbus). Sydney Crosby and Evgeni Malkin will also need to improve on their game, despite combining for 13 points in round one, the tandem simply didn’t have the fire they need in the later rounds of the playoffs. You cannot deny Pittsburgh’s skill, but you can certainly question their character and toughness.

BRUINS vs. CANADIENS: The most storied rivalry in all of hockey makes for the most intriguing series in round two of the NHL playoffs. The Habs can use their speed and elusiveness to their advantage against a bigger Bruins team - however the
Red Sox Prospect Mookie Betts Making A Name For Himself

SOUTH BOSTON TODAY
By Conor Ryan

For most MLB franchises, the biggest key to generating success lies in crafting a deep farm system. Despite a few up-and-down seasons in 2011 and 2012, the Red Sox – with three World Series titles over the past decade – have established themselves as one of the premier teams in all of baseball. While some of their prosperity can be attributed to free agency, trades and just some good ole luck, the Sox have also been aided by a strong prospect pool that has churned out stars such as Dustin Pedroia, Jon Lester, Jonathan Papelbon and Jacoby Ellsbury – each of whom have played a big part in at least one World Series title.

Even this year, youngsters such as Xander Bogaerts and Jackie Bradley Jr. have made significant contributions both at the plate and on the field. While both players have enjoyed their time in the spotlight as “the next big thing” for the BoSox, a new player has already entrenched himself as the new top Boston prospect: Portland Sea Dogs second baseman Mookie Betts. Taken in the fifth round of the 2011 Draft out of Overton High School in Nashville, Tenn., Betts was overlooked in a draft that saw the Sox take other blue-chip prospects such as Bradley Jr., pitcher Henry Owens and catcher Blake Swihart.

Undersized at just 5’9” and 156 pounds, Betts had a solid, albeit under-spectacular start to his minor-league career with a .267 average and 67 hits in 71 games with the Single-A Lowell Spinners in 2012. Betts followed that first foray into professional baseball with a slow start in 2013 with a .150/.343/.263 line on May 5 with the Single-A Greenville Drive. What has happened after that date has simply been astounding.

In the 130 games following that May 5 stat line, Betts has hit .360 with 45 doubles and 17 home runs while striking out in less than 10 percent of his at-bats. Through all of this, Betts has moved up through three different clubs, making his Double-A debut this year at the young age of 21.

While the talent jump from Single-A to Double-AA often results in steep learning curves for most players, Betts has hit the ground running up in Portland, and that is an understatement to say the least. In 27 games with the Sea Dogs, Betts is hitting at a jaw-dropping .412 clip with 4 home runs, 14 steals and a .469 on-base percentage. Betts has shown to have five-tool potential with fluid fielding, plus-speed, advanced plate discipline, great contact and a surprising amount of pop for a small middle infielder.

If he reaches his potential up in the big leagues, a .300 average, 12-15 dingers and 30+ steals is certainly not out of the question. While Betts seems to be on the fast track to Fenway, there lies in a significant problem in his continued development, as several established players stand in his way up in the majors.

An infield comprised of Dustin Pedroia, Xander Bogaerts and Will Middlebrooks – as well as ‘stud’ third baseman prospect Garin Cecchini – all figure to get playing time over the next couple of seasons. As a result, ESPN’s Keith Law labeled Betts as the “most blocked” prospect in all of baseball. Barring some major roster overhaul, it would seem like a move to the outfield is the only way for Betts to gain a spot on the BoSox roster. However, that’s a problem for another day, as Betts is still likely another year away from making it up to the Show.

At this point, let’s all just sit back and see just how long Betts can continue to churn out his hit parade down in the minors. Based on his recent track record, it doesn’t appear that he’ll stop anytime soon.

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Bruins are not the same big and lumbering team they have been in past years. They have enough speed to stay with Montreal - but the Canadiens have an uncanny ability to get under the Bruins skin. The key for the B’s is to remain in control of their emotions, and stick to their system - control the puck from the defensive end, create transition, gain entry past the blue line. In both zones they rely on strength in front of the net. The Habs will try to feed the point, especially on the power-play; the Bruins will need to be strong in front of Vezina nominee, Tuukka Rask, to prevent Montreal from scoring on screens from long distance. Offensively, the Bruins have the ability to control the neutral zone. They have a distinct advantage in transition play and taking face-offs, which should translate to time-of-possession and offensive chances for Boston. The key then, will be to find a way to put the puck past Carey Price, who can seem unbeatable at times - however when Price springs a leak, often the dam can burst. The best way to beat Price...traffic in front. For both Tuukka and Carey Price, if they see the puck, they stop the puck. For Montreal, they have to use their speed and try to bate the Bruins into a special teams battle. Despite having the 19th ranked power play in the NHL, the Canadiens seem to have success against the Bruins penalty kill. For the B’s, it’s about pressuring the talented D-men of the Habs in the offensive zone, and trying to keep Thomas Vanek at bay; however, it’s really about staying out of the box. The B’s have to keep their cool, but they need to walk a fine line, because the Bruins are at their best when emotions are high - which makes them such a strong postseason team.
I'M JUST SAYIN' @DANNYPICARD

DANNY PICARD: Going into this Bruins/Canadiens series, how did you envision this series playing out?

CHRISS NLAN: Envision it or not, you think they’re going to play a certain way. You think Boston’s going to come out and they’re going to hit hard, they’re going to play tough, and they’re going to go the net and control the corners. Montreal, you think they’re going to come out and skate and move the puck and play well defensively. I envisioned this series being a long series, a tough series, a nasty series, from the standpoint that, these guys just don’t like each other.

DP: What did you think of the use of Thomas Vanek [in Game 1]. He was used, really, as a bottom-six forward, until they got to overtime. Do you think they were just trying to confuse the Bruins’ matchup advantage with Zdeno Chara a little bit? What did you think about how they used him to start the series?

CN: Maybe, but you can’t hold one of your best players back just because the Bruins are trying to match Chara against him. You’ve got to get him out on the ice. You don’t hold him back. Do you try to switch it up and do a couple different things maybe? Yeah. But sometimes you can get so bogged down with that in the other building. I mean, forget about it and go play. That’s what it comes down to. Go play. Sometimes the matchups are overrated, to be honest with you. And I know, you want a checking line out against the scoring line and all that, and maybe a Chara against Pacioretty and them. But sometimes that’s overrated. Look at Chicago last year when they beat Boston in the Stanley Cup Final. They were keeping Toews away from Chara, and you know what they finally said? “Go play. Go play against him, and show us.” And you know what, that’s what Toews did. They were trying to keep Toews away from Chara at first. And Quenneville finally, instead of coaching, said to his team, “Go play.” And look what happened. So, Pacioretty and Desharnais didn’t have a good season against Boston in the regular season, and the Canadiens will need them to get going.

DP: As usual with any Bruins/Canadiens series, there’s a lot of talk about the officiating. What did you think of the penalty call against Matt Bartkowski in double overtime of Game 1 that led to the P.K. Subban game-winning goal. I thought that was a good penalty call against Bartkowski. If that’s anywhere else on the ice, they probably don’t call it. But since he jumps on a guy with a scoring opportunity out front of the net, I thought that was the right penalty call.

CN: Yeah, if a guy has an opportunity to score a goal, and a guy grabs you and jumps on you and takes that opportunity away, the referee has to call it. What I don’t like about the refereeing, right, they have to establish the way they want to call the game right away. And I’ll just give you a for-instance. Brad Marchand [in Game 1] near the side of the net, he slashed Desharnais and then gave him a shot. No call. Okay, that’s fine. But don’t call it the other way now. And then Marchand did something again, cracked someone again. Then he punched someone. And the refs never called it. And when he went after Lars Eller, Eller never did anything. He shot the puck at the end of the period, and Marchand comes up and cross checks him, and the ref calls them both [for a penalty]. When Marchand cross checked him, Eller just turned away. I know the coaches tell the players they need to be disciplined against the Bruins and not respond to the crap. And how do you call both players there? The referees, don’t even get me going on the refereeing. And I’m saying both ways. I’m not just saying for Montreal. I’m saying for Boston too. I get fed up with the refereeing. Either you’re going to call it, or you’re going to let everything go. And they don’t establish that, for both sides. I saw Claude Julien [after Game 1], and he said that both those penalties they got in overtime were penalties. He didn’t hide from it. He didn’t complain about it. And it’s true. He’s a guy that doesn’t like when guys dive. I don’t either. I think it’s a problem, at times, in the league. They always say that, “Montreal, they dive and they whine.” No more than anybody else. The Bruins have dove before. The Canadiens have. The Whalers have. The Kings have. Everybody has at one time or another. And I don’t believe the crap that people say about Montreal. That’s old news, and I get sick of hearing it. It’s two teams that have a lot of pride. They have great organizations. The players and the organizations dislike each other. It’s actually borderline hate. And in a lot of cases there is probably a lot of hate there. It makes for a great series all the time.

DP: You bring up the word “dive.” Just speaking of dives, in general, around the NHL, if you’re a player, take us onto the bench or in the dressing room, because you’ve been there. If you see a guy on your team fall to the ground and draw a penalty, and then you eventually get a goal out of that power play, what’s your message to your teammate who you obviously saw take that dive? Do you give him a tap on the shinpads and say, “Nice job”?

CN: No, you don’t say anything. The coach has to take care of that stuff. And again, I mean, we had a guy that played here [in Montreal] in Claude Lemieux. Claude Lemieux would sacrifice his head and his face to get a penalty. Honestly, he’d say something bad to someone, and listen, a lot of times I didn’t like what he did. He was an effective player for us. You cannot argue his playoff record. He was one of the best playoff performers in the history of the game. He won four Stanley Cups. What Claude used to do, is talk to guys, yap at them, and then he let them punch him right in the face. They’d get frustrated with him, and then they end up taking a penalty. But the diving part, and that stuff, it’s really for the coach.

DP: When you watch Brad Marchand play, it seems the Canadiens strategy will be to ignore this guy. From afar, when you watch Marchand play, does he piss you off?

CN: Yeah, of course he does. He pisses everybody off, right? He pisses everybody off. But that’s the thing. You can’t allow that to happen in a game like this. Because what happens, he gets the first one. And like I said, the refs let the first one go, they let the second one go. And that referee is just waiting for someone to turn around and punch him in the head, and then they’re going to call that guy for retaliation. And that’s what pisses me off about it. One guy commits a flagrant foul in front of the referee and he doesn’t call it. The other guy punches him.
in the head and he calls him for it. “Well I’m going to punish you.” Punish him for what? For sticking up for yourself?

DP: As this series goes to Montreal for Games 3 and 4, Chris, you know what the talk here in Boston is about the refs up in Montreal at the Bell Centre. Do you hear that conversation that people have here in Boston?

CN: Yeah, it’s crap. Come on. Back in the day, all you heard Harry Sinden say was, “Oh the ghost of the Forum” and this and that. That’s all bull [expletive]. Listen, you know who used to beat the Boston Bruins all the time? The Boston Bruins. Because they played stupid. You look at their record back in those days, and what they did. They always tried to intimidate. They always had four guys that could fight. They’d go out and beat everybody up. You know what, and then they’d lose the freaking hockey game. Because they were stupid. They beat themselves. They no longer do that. They’ve kind of changed that there. The Boston Bruins have kept their identity as a tough team, but they don’t go to the extent they used to go, with all the foolish stuff that cost them all the time. Sure, there’s going to be times where they do things that are going to cost them. Yeah, every team does. But not to the extent they used to do it. And the Boston Bruins always used to blame it on the referees. You know, when you’re blaming it on everybody else and you’re pointing at everybody else, you’ve got to take a look at yourself first. And that means as a team and as an organization. Say, “How did we lose this series? Well, here’s how we lost it, we took stupid penalties game in and game out, we weren’t disciplined, we couldn’t score goals, we actually sucked.” But no, they blame it on Montreal. They blamed it on the referees in Montreal, saying they were paid off, they’re this, they’re that. I mean, that’s all bull [expletive].

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